Mark Keppel High School

Student Bulletin Friday September 27th, 2024 Bell Schedule - All Periods

"I don't study to know more, but to ignore less." - Juana Inés de la Cruz

ATHLETIC

Athletic Events: Week of Sept 23rd-28th, 2024 Show school spirit and pride; attend sporting events.

Check MKHS website for all scheduled games

- <u>Medical Clearance</u> Paperwork must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- MKHS Athletic Webpage: mkhs.org (Athletics Tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010

Friday, September 27th - Regular Schedule - All Periods

- Football @ Duarte 7PM No Early Dismissal Bus Leaves 5PM
- Band & Cheer @ Duarte 7PM No Early Dismissal Bus Leaves 5:30PM

Saturday, September 28th

Girls' Varsity Volleyball @ Walnut Tournament - Games Begin 8AM - Bus Leaves 7AM

WELLNESS CENTER

Join us for our "Balancing Books and Mental Wellness Lunch Table" on **Monday, September 30th,2024** Counselors will be out in Palm Court during lunch so stop by, say hi, and pick up resources and information. There will be opportunities to win wellness goodies!

OCTOBER POWERTIME @ THE WELLNESS CENTER

Sign up to attend our Wellness Power Times, hosted by Gateway Mental Health Counselors (Ms. Funes and Ms. Lam) in MKHS Wellness Center: Look for Ms. Funes on Adaptive Scheduler.

- Wednesday, 10/2/2024 and Tuesday, 10/8/2024
 –Self-Guided. Learn about self-care options to help you succeed in school.
- Wednesday, 10/9/2024-Learn about how to manage anxious feelings and develop healthy coping skills.
- Tuesday, 10/15/2024 and Wednesday, 10/16/2024 Learn about Growth Mindset to help you

have a better perspective/attitude towards learning. Get motivation to go after and accomplish goals.

CLUBS

Club Officers, please remind your advisors/coaches to submit the Club Agreement Form to the B&A Office as soon as possible. FUNDRAISING EVENTS <u>WILL NOT BE PERMITTED</u> UNTIL THE FORMS ARE SUBMITTED.

PTA REFLECTION CONTEST

PTA's Reflection contest is underway. The theme is *Accepting Imperfection*. Students can submit work in 1 or more of the following 6 categories:

- dance choreography
- film production
- literature
- music composition
- photography
- visual arts

The application, additional info, & how to submit entries can all be found on the link provided on the online bulletin, 2024-2025 Reflections Student Entry Form. The **due date is Oct. 18th, 2024**. Send questions to arturo4mkhsptsa@gmail.com.

AP STUDENTS

Attention Current AP Students:

- The deadline to commit to your tests is TODAY
- Fee waivers are available at the Office of Instruction. They are due TODAY.
- By now you should have joined your teacher's class section on the CollegeBoard website and
 Ms. Acuna's MKHS AP Google classroom

COLLEGE & CAREER CENTER: PRESENTATIONS

Aztecs here are the last 6 College Presentations for the month of September so don't hesitate and sign-up & receive Tuition & Scholarship information from the following representative's

TODAY Caltech-California Institute of Technology

TODAY University of San Francisco

COLLEGE & CAREER CENTER: FIELD TRIPS

The College & Career Center is offering field trips to local universities this year! For Semester 1 (Fall), we'll visit Azusa Pacific University (APU), CSU Fullerton (CSUF), and UC Riverside (UCR). In Semester 2 (Spring), trips will include LATTC, PCC, and ELAC.

Due to limited space and budget, students can attend a maximum of two field trips per year. Our first trip is to APU on October 4, and permission slips are available at the College & Career Center. Please see Ms. Hernandez to pick one up (students cannot pick up slips for friends and may not come before then to pick up early).

Spots are not guaranteed—turn in your completed permission slip and pre-field trip worksheet (on the back) to be considered. You will be notified if you secure a spot.

COLLEGE ABROAD

Aztec's Have you ever considered College abroad? College & Career Center is excited to welcome 2 International University presentation's on:

TODAY: Ritsumeikan University, Okaka/Kyoto, Japan

10/11//24: University of Glasgow, Glasgow, Scotland

Don't hesitate to sign up and explore your options.

STUDENT IDS

For students who had their picture taken on 9/12, your ID card is ready for pick up in the **Bookroom**. You may come before school or during lunch. If you come during class time, you MUST have a WRITTEN hallpass from your teacher with the Bookroom as the destination.

Students who still need to have their picture taken - please keep checking your SCHOOL EMAIL, you will be notified when you may come to the Bookroom to take your picture & get your ID card.

LIBRARY

Come check out the banned books week display in the library to kick off Amnesty international's annual event celebrated across thousands of schools which celebrates the freedom to read for books that have been targeted for removal or restrictions. Banned books week highlights the value of the freedom of expression and being open to access information.

PowerTime Reminder

Students, please check your adaptive scheduler so you know where to report to for PowerTime.

CHROMEBOOK

If you do not have a Chromebook yet, please go to the OFFICE OF INSTRUCTIONS to pick one up.

BOOKROOM

The Bookroom is now able to assist with most chromebook issues (new students, some troubleshooting, loaners, etc). Students with LAPTOP issues or problems still need to go to the Office of Instruction for help.

COVID TESTS

Covid Tests are available for you to PICK UP IN THE NURSE'S OFFICE AFTER SCHOOL.

LUNCH

REMINDER to all students that food delivery or drop off on campus is not allowed. For the health and safety of all students, the Alhambra Unified School District enforces a No Food Drop-Off Policy. The staff will not accept food to be dropped off for students. If you have any questions, please contact Student Support Services. Thank you.

FOOD RECOVERY

Did you know the United States discards more food than any other country in the world: nearly 60 million tons — 120 billion pounds — every year. That's estimated to be almost 40 percent of the entire US food supply. In an effort to not let food go to waste. We have bins placed by the end of the checkout lines. Place unopened items you do not want into the bin. This is a way for us to fight against food waste and give what we can back to the food bank in our community. Please do not put trash in these bins.

STUDENT PARKING

Students can only park their vehicles using the baseball parking lot and on the left side facing Hellman. The front lot will be closed at 7:00 AM every morning.

STUDENT BANK

HOURS:

★ Monday: 8:00 a.m.- 4:00 p.m.

★ Tuesday: 8:00 p.m. - 4:00 p.m.

★ Wednesday: 12:00 p.m. - 4:00 p.m.

★ Thursdays: 8:00 a.m.- 4:00 p.m.

★ Friday: 8:00 a.m.-4:00 p.m.